

Adrienne Garbarino, MSN, FNP-BC

Senior Clinical Researcher

Quick Facts

- ✓ 12+ years of of clinical experience
- ✓ 12+ years of experience in clinical operations improvement
- ✓ Serves as Karna's Senior Clinical Researcher

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Adrienne Garbarino is a Family Nurse Practitioner with extensive clinical experience treating acute illness and chronic disease (e.g. diabetes, hypertension, metabolic syndrome, lipid disorders, thyroid disease, asthma, etc.) with a focus on preventive care, patient education, and shared decision making. She has provided outpatient care for more than 12 years to vulnerable and underserved populations in many urban and rural settings including Indian Health Services. Adrienne maintains her status as a clinician while also serving as a public health consultant, public health senior clinical researcher, subject matter expert, and project manager for several federal contracts. She is experienced in performing literature reviews, developing research questions, writing study protocols and reports, creating recruitment and training materials using plain language writing and The CDC Clear Communication Index, coordinating IRB and OMB applications, and performing outreach to external business partners, professional organizations, and candidate study sites.

In addition to her clinical experience as a Family Nurse Practitioner, Adrienne possesses wide-ranging managerial experience. She has managed clinic operations to ensure accomplishment of corporate goals of service, associate engagement, and patient satisfaction, as well as monitored financial reports and key performance indicators to improve center performance. During her 12-year clinical career, Adrienne trained and educated medical staff of all levels on evidence-based practice such as patient care skills and procedures and use of electronic medical records including Epic and Allscripts. She developed and implemented medical and operational standard operating procedures for a new clinic, designing internal paper chart documentation that satisfied patient safety and insurance billing requirements. She trained new office staff to ensure high-quality patient care and efficient office workflow. Additionally, Adrienne recruited nurse practitioners and physicians' assistants and interviewed medical assistants, front office personnel, and sales associate candidates. As a public health consultant, she manages numerous public health contracts.

In her most recent project for Karna she serves on the CDC Epidemiology Task Force for COVID-19.

Adrienne holds a Master of Science in Nursing from the Family Nurse Practitioner Program at the University of Alabama at Birmingham and a Bachelor of Science in Nursing, with a minor in Spanish, from Auburn University.

EXPERTISE

- Family Nurse Practitioner
- Acute illness
- Chronic disease
- Preventative care
- Patient education
- Vulnerable and underserved populations
- Urban and rural settings
- Indian Health Services
- Public health consultant
- Subject matter expert
- Project manager
- Study protocols and reports writer
- Clinic operations management
- Patient satisfaction
- Financial reports
- Key performance indicators
- Evidence-based practice
- Electronic medical records
- Standard operating procedures
- Public health contracts

CERTIFICATIONS & LICENSES

- Board Certified Family Nurse Practitioner, American Nurses Credentialing Center
- DEA Registration
- Advanced Practice Registered Nurse (APRN), Nurse Practitioner, Georgia
- Registered Nurse, Georgia
- FMCSA National Registry of Certified Medical Examiners (DOT examiner)